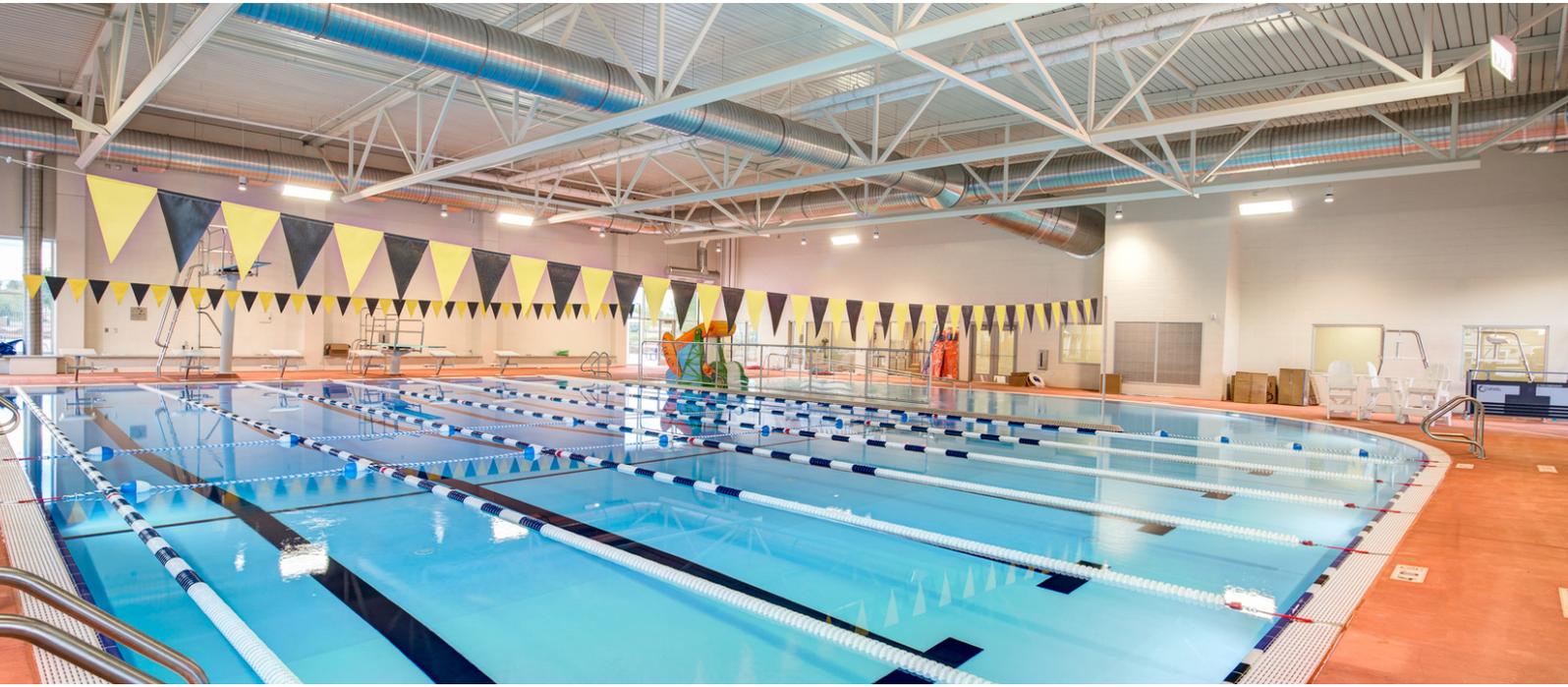


ROOSEVELT AQUATIC CENTER

February 2024



Mark your calendars:

INFLATABLE OBSTACLE COURSE

Saturday, Feb. 24 - 10 a.m.

We're pulling out the inflatables and setting up the best obstacle course on water. Come test your skills.

PRESIDENT'S DAY OPEN SWIM

Feb. 19 - 2:00 - 8 p.m.

We're extending our open swim hours while the kids are out of school!

SWIM LESSON TEACHER CLASS

Feb. 19 - 29

We'll be training new swim teachers soon. Prescreen swim is Mon. Feb 19 at 3:30pm

SIGN UP TO BECOME A SWIMMING LESSON TEACHER

If you're a decent swimmer looking to pass on your skills to others, the American Red Cross Water Safety Instructor (WSI) course coming up at the Roosevelt Aquatic Center is for you!

A new and FREE session of WSI classes will be held Feb. 19 - 29. Classes will be Monday-Thursday from 3:30 - 7 p.m., and Fridays from 1:30-5:30 p.m.. A pre-course session to assess candidates' skills will be held Feb. 19 from 3:30 - 4:30p.m.

To be eligible, participants must be 16-years-old or older by the last day of the course and must have Level 4 proficiency in each of the following strokes: front crawl, back crawl, breaststroke, elementary backstroke, sidestroke, and butterfly.

For more information contact the Roosevelt Aquatic Center at 435-722-4851.



SWIM LESSONS SET TO RETURN MARCH 18 - 28

Spring swim lessons are coming up soon, so mark your calendars if you plan to participate.

The upcoming round of lessons will be held from March 18 - 28. Lessons will be offered in the evenings. Registration opens on Monday, March 11 at 8am. Some sessions fill up quickly, so its important to register as soon as possible.

You can register online at www.rooseveltcity.com/aquaticcenter or in person at our front desk. Fees vary depending on the course level.

Swimming lessons are a great way for your child to learn basic swimming skills and aquatic safety, improve existing skills, and have a great time in the water. Come join us!



FREE FITNESS WEDNESDAY

How are your new years resolutions going? Want to try adding some aquatic exercise into your schedule? Not sure if you want to commit to a membership quite yet? We have a few options that might be just for you!

Once a month on a Wednesday during the school year, we offer a FREE fitness day! They usually land on the first Wednesday of the month. You don't need to be an experienced swimmer to come to any of the times that we offer either! We have three different lap swim/fitness times: 5am - 7:15am, noon - 1:30pm, and 8:15pm - 9:30pm.

We also have water aerobic classes you can join: Monday, Wednesday, and Friday from 8am - 9am or Tuesday and Thursday from 7pm - 8pm.

Our next free fitness day is February 7th. Come join us and see if aquatic exercise is for you! You can also contact us for any additional questions at 435-722-4851.

FEBRUARY SCHEDULE ADJUSTMENTS

Due to limited staffing, we will have a modified schedule for Friday February 16. We will close after the open/fitness time at 1:30pm that day.

During President's day, Monday, Feb 19, we will have our normal schedule except open swim will go from 2:00 - 8:00pm!

