

Roosevelt Aquatics Center

Winter Schedule 2025

December 15th, 2025 ----- February 28th, 2026

Winter 2025 SCHEDULE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Masters Swim (2 nd and 4 th Saturdays)	-----	-----	-----	-----	-----	7:00 – 8:00 am
Morning Fitness	5:00 – 7:15 am	5:00 – 7:15 am	7:00 – 9:30 am			
Morning Aerobics	7:30 – 8:30 am	8:00-9:00 am	7:30 – 8:30 am	9:00 –10:00 am	7:30 – 8:30 am	-----
Obstacle Course (1 Saturday a month)	-----	-----	-----	-----	-----	10:00–11:30 am
Open/Fitness Swim*	8:30 – 1:00 pm	9:00 -1:00 pm	8:30 -1:00 pm	10:00 – 1:00 pm	8:30 – 1:00 pm	12:00 –1:00 pm
UHS Swim Team (9/2 - Mid Feb)	3:30 – 5:30 pm	1:45 – 3:45 pm	-----			
Tiger Muskies Swim Club (9/22 - 2/6)	5:30 – 6:45 pm	5:30 – 6:45 pm	-----	5:30 – 6:45 pm	-----	-----
Evening/Weekend Open Swim**	-----	-----	5:45– 8:00 pm	-----	4:00 – 6:00 pm	1:00 – 6:00 pm
Evening Aerobics	7:00-8:00 pm	7:00 – 8:00 pm	-----	7:00 – 8:00 pm	-----	-----
Facility Rentals	-----	-----	-----	-----	7:00 – 8:45 pm	7:00 – 8:45 pm
Evening Fitness	8:15 – 9:30 pm	8:15 – 9:30 pm	8:15– 9:30 pm	8:15 – 9:30 pm	-----	-----

Hours: Monday - Thursday: 5 :00 am -9:30 pm, Friday: 5:00 am - 10:00 pm, Saturday: 7:00 am - 10:00 pm

*Lane lines for Fitness/Designated areas for Open Swim

** Ages 10 and older may be unaccompanied during open swim, 7-9 years old must always be accompanied by an adult/youth (16+ years) on deck, ages 0-6 MUST always be accompanied by an adult in the water within arm's reach.

Party Room Reservations; Wednesday: 6:00pm-7:45 pm, Friday: 4:00-5:45 pm, Saturday: 1:30-3:15 pm, 4:00-5:45pm

---- NEW TIMES!!!! ----

Monday Glow Night Aerobics 7pm-8pm

Monday Evening Fitness 8:15pm - 9:30 pm

Tuesday 8am-9 am Water Aerobics